

2017 Hawaiian Pineapple Classic Schedule **12/1/17** Updated

***Gym A Capitol Cup**

***Gym B Modified Capitol Cup**

Friday, December 15th

Session 1 Women

Gym A – Level 4			Gym B – Xcel Diam & Plat			
10:30	AM	Doors Open	10:30	AM	Doors Open	
11:05 - 11:25		Open Stretch	11:05 - 11:25		Open Stretch	
11:30 - 2:30		Warm-up/Competition	11:30 - 2:30		Warm-up/Competition	
BGGC	Corkscrew	CLGTC	BGGC	Cary	CLGTC	Flips
Infinity	KIAGA	MEGA	MW Twist	Oak Lawn	Palmer's	
Oak Park	Trinity	PGC	Prairie	St. Charles	Tri-Star	Morgan Pk

Session 2 Women

Gym A Level 6 Gymnasts 69			Gym B Level 3 Gymnasts 68		
2:15	PM	Doors Open	2:15	PM	Doors Open
2:40 - 3:00		Open Stretch	2:40 - 3:00		Open Stretch
3:05 - 6:05		Warm-up/Competition	3:05 - 6:05		Warm-up/Competition
C.I.T.Y.	KIGA	Lakeshore	Amer Acdmy		BGGC
Lakeshore MP	Madtown	MW Twist	HGA		HUGS
Oak Lawn	Oak Park	Palmer's	Infinity		MEGA
Trinity	WCGC	Morgan PK			

Session 3 Women

Gym A – Xcel Silver			Gym B – Level 9 & 10			
5:45	PM	Doors Open	5:45	PM	Doors Open	
6:05 - 6:25		Open Stretch	6:05 - 6:25		Open Stretch	
6:30 - 9:30		Warm-up/Competition	6:30 - 9:30		Warm-up/Competition	
Cary	CPD	CLGTC	BGGC	CLGTC	IK	WCGC
Flips	Gym Stars	HGA	Iowa GA	ITZG	Oak Park	
HUGS	Morton Grove	Oak Lawn	Madtown	MW Twist	OGC	Scamps
Prairie	St. Charles		Palmer's	St. Charles	Amer Acamy	

2017 Hawaiian Pineapple Classic Schedule **12/1/17** Updated

Saturday, December 16th

Session 4 Women

Gym A – Level 2/3			Gym B – Level 7		
7:45 AM	Doors Open		7:45 AM	Doors Open	
8:00 - 8:20	Open Stretch		8:00 - 8:20	Open Stretch	
8:25 - 11:25	Warm-up/Competition		8:25 - 11:25	Warm-up/Competition	
Cary	Flying High	Gym Shop	Amer. Acdmy.	BGGC	C.I.T.Y.
HGA	Lakeshore	Lakeshore MP	Flying High	Geist	Gym Spot
Morton Grove	Oak Park	PGC	Gym Facy	Iowa GA	ITZG
St. Charles			KIAGA	Madtown	NW Turners
			Oak Lawn	Palmer's	Tri-Star
			Trinity	WCGC	Wilmette
			Lakeshore MP		

Session 5 Women

Gym A – Level 8				Gym B – Level 5		
11:15 AM	Doors Open			11:15 AM	Doors Open	
11:35 - 11:55	Open Stretch			11:35 - 11:55	Open Stretch	
12:00 - 3:00	Warm-up/Competition			12:00 - 3:00	Warm-up/Competition	
BGGC	C.I.T.Y.	Cary	Corkscrew	Amer Acdy	BGGC	CLGTC
CLGTC	Flying High	Gym Facy		Gym Spot	HGA	IK
Infinity	KIAGA	Oak Lawn		Infinity	Oak Lawn	
St. Charles	Trinity	Tri-Stars	Wilmette	Palatine	Salto	

Session 6 Women

Gym A – Level 4			Gym B Level 8		
2:45 PM	Doors Open		2:45 PM	Doors Open	
3:00 - 3:20	Open Stretch		3:00 - 3:20	Open Stretch	
3:20 - 6:20	Warm-up/Competition		3:20 - 6:20	Warm-up/Competition	
CPD	Lakeshore MP		Amer. Acdmy.	Geist	Gym Spot
Oak Lawn	Palatine		Iowa GA	ITZG	Madtown
St. Charles	Wilmette		MW Twist	Morton Grove	
			NW Turners	Oak Park	Palmer's
			Salto	Scamps	WCGC

Session 7 Women

Gym A – Level Xcel Gold & Bronze			Gym B – Level 9		
6:00 PM	Doors Open		6:00 PM	Doors Open	
6:20 - 6:40	Open Stretch		6:20 - 6:40	Open Stretch	
6:40 - 9:40	Warm-up/Competition		6:40 - 9:40	Warm-up/Competition	
BGGC	Cary	CLGTC	C.I.T.Y.	Prairie	Infinity
Flips	Gym Stars	HGA	Flying H.	Geist	Gym Spot
HUGS	Morton Grove	Morgan PK	Iowa GA	Lakeshore MP	
Palmer's	St. Charles		NW Turners	Oak Lawn	Madtown
			St. Charles	Tri-Star	WCGC

2017 Hawaiian Pineapple Classic Schedule **12/1/17** Updated

Sunday, December 17th

Session 8 Women

Gym A – Level 4			Gym B – Level 7		
8:45 AM	Doors Open		8:45 AM	Doors Open	
9:00 - 9:20	Open Stretch		9:00 - 9:20	Open Stretch	
9:25 - 12:25	Warm-up/Competition		9:25 - 12:25	Warm-up/Competition	
Amer. Acdmy.	C.I.T.Y.	Cary	Cary	Corkscrew	CPD
Flying High	Gym Facy	Gym Spot	CLGTC	Gym Zone	IK
HGA	HUGS	Lakeshore	Morgan Pk	Oak Park	
Morgan PK	Morton Grove	Prairie	Scamps	St. Charles	
Tri-Star					

Session 9 Women

Gym A – Level 5			Gym B – Level 6		
12:15 PM	Doors Open		12:15 PM	Doors Open	
12:30 - 12:50	Open Stretch		12:30 - 12:50	Open Stretch	
12:50 - 4:00	Warm-up/Competition		12:50 - 4:00	Warm-up/Competition	
Bartlett	Cary		CLGTC	Flying High	Gym Facy
Corkscrew	KIAGA	LaFleur's	HGA	IK	MEGA
Lakeshore	Morgan PK	HUGS	Scamps	St.Charles	HUGS
Morton Grove	Oak Park	Trinity			
Tri-Star	Wilmette				